

## 29<sup>th</sup> JANUARY 2023: FOURTH SUNDAY (A)

Mass Book Page <b>130</b>	1 <sup>st</sup> Reading: Zephaniah 2: 3, 3: 12-13 2 <sup>nd</sup> Reading: 1 Corinthians 1: 26-31	Gospel: Matthew 5: 1-12	
Hymns for 11 am Mass	Entrance: 458 Communion: 302	Gospel Acclamation: 820 Post-Communion: 898	Offertory: 908 & 944 Recessional: 854



### Blessed are the poor in spirit!

In the Beatitudes Jesus tells us how happy and blessed we are if we are poor in spirit, because then the kingdom of heaven will be ours. Poverty of spirit means having a standard of values in which we put Christ first. We are rich in Christ when we recognise that everything of lasting worth comes from him.

How happy are the poor in spirit.

### The Holy Father's Prayer Intention - For educators

We pray that educators may be credible witnesses, teaching fraternity rather than competition and helping the youngest and most vulnerable above all.

#### Mass Times, Intentions & Feast Days

Sat 28	<i>First Mass of Sunday</i> 18:30 <b>Wellbeing for Ann</b>
Sun 29	✠ <b>FOURTH SUNDAY (A)</b> 09.30 <b>Thanksgiving Birthday for Michelle Onyekwelu</b> 11.00 <b>Faithful Departed</b>
Mon 30	09.30 <b>Joaquim Fernandes RIP</b> Rosary
Tue 31	<i>Saint John Bosco</i> 09.30 <b>Special Intention of Michelle Onyekwelu</b> Rosary
Wed 01	09.30 <b>Alice Knott RIP</b> Rosary
Thu 02	<b>THE PRESENTATION OF THE LORD</b> 09.30 <b>Julie Redgrave RIP</b> Rosary
Fri 03	<i>Saint Laurence of Canterbury</i> 09.30 <b>Wellbeing for Michael, Freddie and Ayla Magar</b> Exposition
Sat 04	09.30 <b>People of the Parish</b> 18:30 <i>First Mass of Sunday</i> <b>Annie O'Brien RIP</b>
Sun 05	✠ <b>FIFTH SUNDAY (A)</b> 09.30 <b>Johanna Watts RIP</b> 11.00 <b>Beugre family Thanksgiving</b>

#### Prayer Requests

If you request for yourself or an immediate family member to be listed in the Parish Newsletter, it will run for a month per request. Send an email to Fr Regis or send a message on the parish mobile: 07857801938.

#### Sharing the Word

##### First Reading

"A humble and lowly people" are the anawim, the poor and lowly, who put their trust in God and practised integrity and humility. God becomes the champion of this faithful remnant. The reading gives us a picture of the meaning of poverty.

##### Second Reading

This continues the theme of the blessedness of the poor and the lowly. A common theme in the Bible is that the poor and the lowly are God's favourites. But it is not for this reason alone that God chooses them. God chooses them because they rely on God rather than on themselves. And so the success of their work will clearly be seen as God's doing.

##### Gospel

The sermon on the mount presents parallels between Moses and Jesus. The old law was given to Moses on the mountain. The new law is given by Jesus also on a mountain. In the beatitudes we see the values Christ preached, and the blessedness promised to those who lived by them.

### First Holy Communion Programme 2022-23

We meet in the hall on Sun 5<sup>th</sup> Feb at 10am for, Chapter 7: Bread to offer.

### Confirmation Programme 2022-23

We meet in the parish house on Sat 11<sup>th</sup> Feb at 5pm for, Session Seven: The Sacraments.

### Helping Catholics to Return

The Landings team offers a non-judgemental forum to help you to reconnect with the Catholic faith.

The next Landings programme starts on Tuesday, 7<sup>th</sup> February, 2023 in Beckenham.

Contact Andrew via [LandingsBeckenham@gmail.com](mailto:LandingsBeckenham@gmail.com) for further information.

### Racial Justice Sunday

Next week our second collection is for the Catholic Association for Racial Justice. This collection is made to support the work of the Catholic Church to promote racial justice in our schools, parishes and in wider society.

Last Week

**Offertory:** Gift Aided: £233, Not Gift Aided: £238

**Mass Count:** Sat (60), Sun 09.30 (92), 11.00 (117)

Second Collection

**Last week: SPUC WHITE FLOWER APPEAL (£254)**

**This week: NONE**

**Next Week: RACIAL JUSTICE SUNDAY (NON GIFT AID)**

Donate

**Gift Aid:** Tax payers, please sign up, so we can claim 25p for every £1 donated. Email Treasurer for details.

**Card:** Card Machine in Church Foyer or [www.olspn.church](http://www.olspn.church)

**Standing Order:** Email Treasurer for details.

**Cheque:** Payable to 'RCAS Sydenham'

Contact

**David Simpson**, Treasurer: [sydenhamtreasurer@rcaos.org.uk](mailto:sydenhamtreasurer@rcaos.org.uk)

**Steven Pearce**, Secretary: weekdays 9<sup>am</sup>-12<sup>noon</sup>

[sydenham@rcaos.org.uk](mailto:sydenham@rcaos.org.uk)

**Margaret Doherty**, Catholic Club: 07930 889632