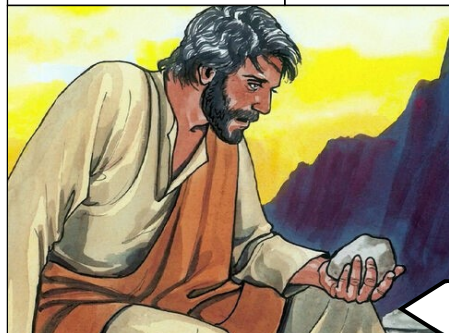


26th FEBRUARY 2023: FIRST SUNDAY OF LENT (A)

Mass Book Page 151	1 st Reading: Genesis 2: 7-9, 3: 1-7 2 nd Reading: Romans 5: 12-19	Gospel: Matthew 4: 1-11
Hymns for 11 am Mass	Entrance: 865 Communion: 623 v 1-4	Gospel Acclamation: 200 Post-Communion: Hymn Sheet
		Offertory: 206 v 1, 3, 5, 6 & 609 Recessional: 849



Christ conquers sin and temptation

God created the human race free from sin, but our first parents yielded to the temptation of evil. In them each one of us has sinned, but in Christ we are given the power to overcome the temptations of the world just as he did.

Jesus fasts for forty days and is tempted.

The Holy Father's Prayer Intention - For parishes

We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Mass Times, Intentions & Feast Days	Prayer Requests
Sat 25 <i>First Mass of Sunday</i> 18:30 Deceased members of the Dean Family	If you request for yourself or an immediate family member to be listed in the Parish Newsletter, it will run for a month per request. Send an email to Fr Regis or send a message on the parish mobile: 07857801938.
Sun 26 ✘ FIRST SUNDAY OF LENT (A) 09.30 Thanksgiving for the wellbeing of Pauline Assemien, Leah & Marcelline 11.00 Holy Souls	
Mon 27 09.30 Souls in Purgatory Rosary	Those who have died recently: John Horan, Margaret Wheeler, Michael Fahey and Martin Herrera. May they rest in peace.
Tue 28 09.30 Birthday intention for Chichi Maduaka Rosary	Sick and Housebound If your neighbour or anyone you know is unable to attend mass because they are in poor health, please let Fr Regis know and he will take Holy Communion to them.
Wed 01 <i>Saint David</i> 09.30 Birthday thanksgiving for Pierre-Marie Assemien Rosary	Sharing the Word
Thu 02 09.30 Birthday intention for Rita Nwigwe Rosary	First Reading Though made of dust, man and woman are the pride of God's creation. Enlivened by his breath, God has destined them for happiness. The serpent succeeds in portraying God as unreasonable and jealous. After this the fall is inevitable. The source of evil is man's foolish striving to be independent of God. It is only by accepting their status as favoured creatures of a loving, caring creator, can man and woman find fulfilment. The result of their disobedience is that there is in human beings a sinful tendency which goes beyond personal sins we may commit. This tendency towards evil is part of the corruption that human beings introduced into the world, and not an endowment of God.
Fri 03 09.30 Wellbeing for Michael, Freddie and Ayla Magar Exposition 19:00 Stations of the Cross	
Sat 04 09.30 Kathleen Somers RIP 18:30 <i>First Mass of Sunday</i> Franco RIP	
Sun 05 ✘ SECOND SUNDAY OF LENT (A) 09.30 Birthday intention for Anthonia Adesite 11.00 Dorothy Sinclair RIP	

Second Reading

Paul presents Jesus as the new Adam, who by his obedience to God restores for us the gifts lost by the disobedience of the first Adam.

Gospel

Jesus is reliving the history of his people. He goes into the desert for forty days and forty nights. This recalls the forty years the people spent in the desert, a period in which they were tempted but also enjoyed a special closeness to God.

Jesus shares in the temptations of his people. But whereas they were found wanting, he remains faithful to God.

The temptations Jesus faced illustrate the ways in which the proclamation of the kingdom might have been distorted, so that it would have become a kingdom according to the standards of this world. After Jesus has demonstrated that he is the Son of God who completely serves God's will, the devil departs and the angels wait on him.

First Holy Communion Programme 2022-23

We meet in the hall on Sun 5th Mar at 10am for, Chapter 9: Do this in memory of me.

Confirmation Programme 2022-23

We meet in the parish house on Sat 25th Feb at 5pm for, Session Eight: Confirmation.

Coffee after Sunday 9.30 Mass

It has been suggested that it would be a good idea to meet in the Parish House on the first Sunday of the month for a coffee (maybe a biscuit!) and a chat. Some of our Parishioners have been attending Mass here for many years and still don't know anyone by name. Please come on Sunday 5 March after the 9.30am Mass and be surprised by how nice this Parish can be.

Celebrate Parenting for Faith

A new online course for those with babies and toddlers, 5 weeks from February 23 – March 23. 8pm, 45 mins.
<https://www.celebratetrust.org/>

Join CAFOD on the Lenten Journey 2023

Ash Wednesday is fast approaching and CAFOD invites you to join them as we seek to make space and time to draw closer to God and our global family through reflection and prayer this Lent. Each day in their emails they will share a reflection on one of the readings of the day, stories of our global family, a prayer and a suggested action you might like to take as we prepare

for Easter. Join us on this journey by signing up for the daily emails: <https://cafod.org.uk/pray/lent-calendar>.

CAFOD Family Fast Day – Lent Appeal

This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey.

Please give using the envelope attached to this newsletter, or at cafod.org.uk/give and please join us in praying for CAFOD's development and emergency response work all over the world.

Last Week

Offertory: Gift Aided: £191, Not Gift Aided: £308

Mass Count: Sat (50), Sun 09.30 (86), 11.00 (127)

Second Collection

Last week: SYRIA-TURKEY EARTHQUAKE APPEAL (£464)

This week: CLERGY SUPPORT FUND (GIFT AID)

Next Week: CAFOD LENT FAST DAY (ENVELOPES /ONLINE)

Donate

Gift Aid: Tax payers, please sign up, so we can claim 25p for every £1 donated. Email Treasurer for details.

Card: Card Machine in Church Foyer or www.olspn.church

Standing Order: Email Treasurer for details.

Cheque: Payable to 'RCAS Sydenham'

Contact

David Simpson, Treasurer: sydenhamtreasurer@rcaos.org.uk

Steven Pearce, Secretary: weekdays 9^{am}-12^{noon}

sydenham@rcaos.org.uk

Margaret Doherty, Catholic Club: 07930 889632