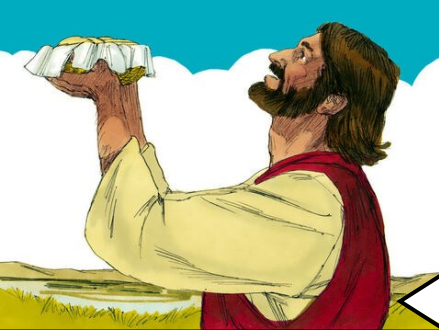


## 11<sup>th</sup> JUNE 2023: THE MOST HOLY BODY & BLOOD OF CHRIST (CORPUS CHRISTI) (A)

Mass Book page **83**: 1<sup>st</sup> Reading: Deuteronomy 8: 2-3, 14-16 2<sup>nd</sup> Reading: 1 Corinthians 10: 16-17 Gospel: John 6: 51-58

11am Mass Hymns	Entrance: 910 Gloria: 489	Gospel Accl. <sup>n</sup> : Sing alleluia to the Lord Communion: 662	Offertory: 803 & 244b Post-Communion: 627	Euch. <sup>c</sup> Prayer: 490 Recessional: 847
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### Christ our food and drink

Just as in our physical lives we need food and drink to sustain us, so also we need Christ to sustain our spiritual lives. He feeds us with himself, just as God fed the Jewish people with manna in the wilderness. Our sharing of the Body and Blood of Christ means that we share with each other Christ's eternal life.

My flesh is real food and my blood is real drink.

### The Holy Father's Prayer Intention - For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

#### Mass Times, Intentions & Feast Days

Sat 10 18:30	First Mass of Sunday Wellbeing for James & Amy Lee
Sun 11 09.30 11.00	✠ <b>THE MOST HOLY BODY AND BLOOD OF CHRIST (CORPUS CHRISTI) (A)</b> - Holyday of Obligation Wellbeing for Colin Hewish Wellbeing for Susan Feore
Mon 12 09.30	Souls in Purgatory Rosary
Tue 13 09.30	Saint Anthony of Padua Konstancja Język RIP Rosary
Wed 14 09.30	Henryk Golaszewski RIP Rosary
Thu 15 09.30	Mass Rosary
Fri 16 09.30	<b>THE MOST SACRED HEART OF JESUS (A)</b> Rachel Rasoarivony RIP Exposition
<b>20:00</b>	People of the Parish
Sat 17 09.30 18:30	The Immaculate Heart of the Blessed Virgin Mary Fr Terrance RIP First Mass of Sunday Protection for Pierre & Germaine and family
Sun 18 09.30 11.00	✠ <b>ELEVENTH SUNDAY (A) - FATHER'S DAY</b> Wellbeing for Hayden, Novah, Evah, Joshua, Melissa & the Afise family : Happy Fathers Day Newton Wellbeing for Susan Feore

#### Prayer Requests

If you request for yourself or an immediate family member to be listed in the Parish Newsletter, it will run for a month per request. Please send an email to: [regisrubaya@rcaos.org.uk](mailto:regisrubaya@rcaos.org.uk).

#### Sharing the Word.

##### First Reading

The Israelites are exhorted to remember their past history, and especially the period of wandering in the desert. It was there in particular that God's care for them was made manifest. The manna which they received was the special sign of God's care. This experience taught the Israelites the importance of bread. But it also taught them that they could not live on bread alone. They needed the word of God. And they must never forget that they are God's chosen people. The manna is a type of the Eucharist, the food Jesus provides for the new people of God on their journey to the promised land of eternal life.

##### Second Reading

Paul stresses the role the Eucharist plays in uniting the community. Through their sharing in the body and blood of Christ, believers are united with him and with one another. Sharing the one loaf signifies and strengthens the unity among Christians.

##### Gospel

This is John's account of the multiplication of the loaves. This is followed by two teachings on the "bread of life". In Hebrew language, the term "flesh and blood"

stands for the whole person. Eating and drinking implies communion. Eucharistic eating and drinking is a personal encounter with Jesus who shares his life and the life of the Father with us. Jesus is also the pledge of eternal life beyond death.

### Sick and Housebound

If your neighbour or anyone you know is unable to attend mass because they are in poor health, please let Fr Regis know and he will take Holy Communion to them.

### Mass in Celebration of the Sacrament of Marriage, Sept. 23<sup>rd</sup>, 3pm, at St George's Cathedral

If you are celebrating your 1<sup>st</sup>/10<sup>th</sup>/25<sup>th</sup>/40<sup>th</sup>/50<sup>th</sup>/60<sup>th</sup> + wedding anniversary this year, please let your parish know as soon as possible, and no later than the end of July, providing the following details: your names in the format John and Mary Smith, your home address, the anniversary you are celebrating, so you can receive an invitation from the Archbishop for the renewal of vows during Mass. Spaces are limited. You can also get in touch with us at [mflse@rcaos.org.uk](mailto:mflse@rcaos.org.uk). As the title of your email, please write your parish location e.g. Clapham, Beckenham.

Marriage and Family Life South East  
RC Archdiocese of Southwark

### Forthcoming Events

Please see the posters on the church noticeboard for further details of the following events:

**Quiz with Fish & Chip Supper** – On Wednesday 14<sup>th</sup> June at 6.30 Westminster Cathedral Friends host a quiz with Fish and Chip supper. Enjoy a good night out whilst supporting Westminster Cathedral. Advanced booking by 10.00 am on Wednesday 14<sup>th</sup> June for catering to be finalised. Full details of events and online booking on our webpage <https://tinyurl.com/CathedralFriends>. Contact [friends@rcdow.org.uk](mailto:friends@rcdow.org.uk).

**Coronation Reflections** – On Tuesday 20<sup>th</sup> June at 7.15 Cardinal Vincent Nichols will speak and host a number of speakers on the theme Coronation Reflections. Full details of events and online booking on our webpage <https://tinyurl.com/CathedralFriends>. Contact [friends@rcdow.org.uk](mailto:friends@rcdow.org.uk).

### Day of Celebration at Aylesford – 2<sup>nd</sup> July 2023

A day exploring creative prayer for those with disabilities and special needs: <https://rcaos.org.uk/Celebration23>

### Dignitas Personae et Amor Dei – 4<sup>th</sup>-6<sup>th</sup> July 2023

A 3-day conference on the *Dignity of the Human Person* through the writings of Edith Stein, Martyr and Saint: <https://rcaos.org.uk/EdithStein23>

### Eucharistic Ministers

This weekend we celebrate the feast of Corpus Christi. This is when Eucharistic Ministers are asked to renew their commitment to this very important Ministry. At all Masses this weekend you will be given an opportunity to do this, so it is hoped that most of you will be able to attend in order to fulfil this obligation.

### Day for Life

Next weekend is the day in the Church's life dedicated to celebrating the sacredness of life. The proceeds from the Day for Life collection provide core funding for the Anscombe Bioethics Centre and to assist other life related activities supported by the Church, usually by means of grants made to support Catholic charities working in the particular field determined by the theme of the year.

### Confirmation Group

We meet in the presbytery on Saturday June 17<sup>th</sup> at 5.00pm

### Keys found in the church.

We still have the bunch of keys which was found in the church two weeks ago. If anybody has lost some keys they should speak to Fr Regis.

Last Week

**Offertory:** Gift Aided: £140, Not Gift Aided: £495

**Mass Count:** Sat (40), Sun 09.30 (75), 11.00 (249)

Second Collection

**Last week: None**

**This week: None**

**Next Week: Day for Life (Non Gift Aid)**

Donate

**Gift Aid:** Tax payers, please sign up, so we can claim 25p for every £1 donated. Email Treasurer for details.

**Card:** Card Machine in Church Foyer or [www.olspn.church](http://www.olspn.church)

**Standing Order:** Email Treasurer for details.

**Cheque:** Payable to 'RCAS Sydenham'

Contact

**David Simpson**

Treasurer: [sydenhamtreasurer@rcaos.org.uk](mailto:sydenhamtreasurer@rcaos.org.uk)

**Steven Pearce**

Secretary: weekdays 9<sup>am</sup>-12<sup>noon</sup>

[sydenham@rcaos.org.uk](mailto:sydenham@rcaos.org.uk)

**Margaret Doherty**

Catholic Club: 07930 889632