

## 9<sup>th</sup> JULY 2023: FOURTEENTH SUNDAY (A)

Mass Book page **99**: 1<sup>st</sup> Reading: Zechariah 9: 9-10      2<sup>nd</sup> Reading: Romans 8: 9, 11-13      Gospel: Matthew 11: 25-30

11am Mass  
Hymns

Entrance: 974  
Gloria: 998

Gospel Accl.<sup>n</sup>: 820  
Communion: 842

Offertory: 749 & 967  
Post-Communion: Hymn Sheet

Euch.<sup>c</sup> Prayer: 490  
Recessional: 713



### Christ's yoke is easy and his burden light

Christ, even though he is the Son of God, humbles himself and comes among us in human form. He embraces our condition and knows at first hand our worries and anxieties. Through the Holy Spirit Christ lives in us, so that we may find rest for our souls.

I am gentle and humble of heart.

### The Holy Father's Prayer Intention - For a Eucharistic Life

We pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

#### Mass Times, Intentions & Feast Days

Sat 08 18:30	First Mass of Sunday Joseph & Constance Lockhart RIP
Sun 09 09.30 11.00	✠ <b>FOURTEENTH SUNDAY (A)</b> James Taylor RIP Doreen Daly RIP
Mon 10 <b>09.00</b>	Wellbeing of Silvia & George Lakey Rosary
Tue 11 <b>09.00</b>	Saint Benedict Fr Charles Dolman RIP Rosary
Wed 12 <b>09.00</b>	Anwar Kahan RIP Rosary
Thu 13 <b>09.00</b>	Wellbeing of Rose Green Rosary
Fri 14 <b>09.00</b>	Michael Lynch RIP Exposition
Sat 15 09.30 18:30	Saint Bonaventure Thanksgiving for Blessing received Aban Amanlama and family First Mass of Sunday Intention of Fr Regis
Sun 16 09.30 11.00	✠ <b>FIFTEENTH SUNDAY (A)</b> Adi & Valery Yazdabady RIP KSC: Augustine Adesite's Silver Jubilee

#### Sharing the Word

##### First Reading

The prophet announces the joyful news that the messianic king is coming. He portrays him, not as a proud warrior, but as a humble and gentle leader, who will put an end toward war and establish peace. It was as such a king that Jesus entered Jerusalem before his passion. The humble and gentle Jesus came to usher in a peace the world cannot give.

##### Second Reading

Here Paul contrasts life in the spirit with life in the flesh. Flesh means human beings in their frailty. Spirit means the power that comes from God through Jesus Christ. If we choose to obey the Spirit rather than the flesh, we are choosing life over death.

##### Gospel

The first section contains a prayer in which Jesus praises God for hiding the mysteries of the kingdom from the learned and the clever and revealing them to the childlike. Jesus had a special relationship with the Father. And he makes this relationship possible for those who believe in him.

The second section consists of a two-fold invitation that is matched by a two-fold promise. The Jewish rabbi spoke of the yoke of the law, a yoke what had become and intolerable burden because of the traditions added to it. The yoke of Jesus is easy; it is the demand for love of God and neighbour.

### Keys picked up in the Church

A bunch of keys was left in the church. If you are missing any keys please speak to Fr Regis.

### Sick and Housebound

If your neighbour or anyone you know is unable to attend mass because they are in poor health, please let Fr Regis know and he will take Holy Communion to them.

### Prayer Requests

If you request for yourself or an immediate family member to be listed in the Parish Newsletter, it will run for a month per request. Please send an email to: [regisrubaya@rcaos.org.uk](mailto:regisrubaya@rcaos.org.uk).

### Vocations day with the Norbertines in Peckham Saturday 15<sup>th</sup> July

We are holding a Vocations Day for young men to visit their priory and discover more about the life of a Norbertine canon. The "Come and See Day" will take place from 10am-4pm. For more details contact: [community@norbertines.org.uk](mailto:community@norbertines.org.uk)

### Forthcoming Diocesan Events

**The Commission for Justice Peace and Integrity of Creation for the Archdiocese of Southwark – Autumn Assembly – Saturday 23<sup>rd</sup> September 2023.**

*The Right to Stay: Free to Choose:* addressing the motivations that affect decisions taken to leave one's native land. More info: [justiceandpeace@rcaos.org.uk](mailto:justiceandpeace@rcaos.org.uk)

**Promoting Racial and Cultural Inclusion in Our Parishes, Schools and Communities Seminar** - Amigo Hall, St George's Cathedral, Southwark, from 9.30am to 4.00pm on Sat. 28<sup>th</sup> October. Chaired by Canon Victor Darlington, Episcopal Vicar for the Southeast and joined by contributions from a range of speakers, including the Most Reverend John Wilson, the Metropolitan Archbishop of Southwark. For information and registration visit: <https://www.rcsouthwark.co.uk/mission/commission-for-promoting-racial-and-cultural-inclusion/what-we-do/>. or write us: [racialjusticecommission@rcaos.org.uk](mailto:racialjusticecommission@rcaos.org.uk).

Please join us for a stimulating and hope-filled day of discussion. Registration is FREE.

### Sea Sunday (Stella Maris)

Our second collection next week is for the seafarers and fishers who play a vital role in all of our lives. They often work in difficult, hazardous conditions. In the last year, more crews have been abandoned by their employers than ever before. Many are still being denied the right to leave their ships for even a short break away from the relentless noise and pressure onboard. Many are

reporting more stress and poorer mental health. Your support will make a big difference. You can donate in church, by visiting [www.stellamaris.org.uk/donate](http://www.stellamaris.org.uk/donate), or by texting 'SEA' to 70460 to donate £5. This collection is vital to enable Stella Maris to continue its important work - so we thank you for your generosity.

### Right To Life UK

#### Ask your MP to stop abortion up to birth

The abortion lobby is running a campaign to fully 'decriminalise' abortion, which would introduce abortion up to birth! Right To Life UK has launched an easy-to-use tool on its website which makes it simple for you to send an email to your MP asking them to oppose the introduction of abortion up to birth. Please visit [www.righttolife.org.uk/noabortionuptobirth](http://www.righttolife.org.uk/noabortionuptobirth) to contact your MP now. It only takes 30 seconds.

### Join The Passage's Secret Garden Party! Thursday 20<sup>th</sup> July at 6pm

Held in the beautiful surroundings of the historic, College Garden, Westminster Abbey, enjoy a delicious barbecue, buffet, unlimited drinks (beer, wine, Pimm's and soft drinks), entertainment, a raffle, silent auction, and lots more.

Your ticket purchase will support our mission to help create a society where everyone has a place to call home. Visit: <https://passage.org.uk/get-involved/events/secret-garden-party/> or call 020 7592 1856.

### Eucharistic Ministers and Readers T

he new Rota is available in the porch for those who have not received one via email.

Last Week

**Offertory:** Gift Aided: £201, Not Gift Aided: £331

**Mass Count:** Sat (43), Sun 09.30 (103), 11.00 (90)

Second Collection

**Last week: Peter's Pence (£302)**

**This week: Sea Sunday (Gift Aid Online)**

**Next Week: None**

Donate

**Gift Aid:** Tax payers, please sign up, so we can claim 25p for every £1 donated. Email Treasurer for details.

**Card:** Card Machine in Church Foyer or [www.olspn.church](http://www.olspn.church)

**Standing Order:** Email Treasurer for details.

**Cheque:** Payable to 'RCAS Sydenham'

Contact

**David Simpson**

Treasurer: [sydenhamtreasurer@rcaos.org.uk](mailto:sydenhamtreasurer@rcaos.org.uk)

**Steven Pearce**

Secretary: weekdays 9<sup>am</sup>-12<sup>noon</sup>

[sydenham@rcaos.org.uk](mailto:sydenham@rcaos.org.uk)

**Margaret Doherty**

Catholic Club: 07930 889632