

28th JANUARY 2024: FOURTH SUNDAY (B)

Mass book: p132 1st Reading: Deuteronomy 18: 15-20 2nd Reading: 1 Corinthians 7: 32-35 Gospel: Mark 1: 21-28

11am Mass
Hymns

Entrance: 788
Gloria: 489

Gospel Accl.ⁿ: 710
Communion: 804

Offertory: 762
Post-Communion: 909

Euch.^c Prayer: 490
Recessional: 721



Christ teaches with authority

Jesus Christ is the great prophet for all times. He speaks to us today with the same authority as he did in his own home town at Capernaum.

When we are set free from worrying about unnecessary things, we can more fully serve the Lord. If we allow the Lord to speak through our lives, we can become his prophets.

He taught them with authority.

The Holy Father's Prayer Intention - For the Gift of Diversity in the Church

Let us pray that the Spirit help us recognise the gift of different charisms within the Christian community, and to discover the richness of different ritual traditions in the heart of the Catholic Church.

Mass Times, Intentions & Feast Days

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| Sat 27 18:30 | First Mass of Sunday Wellbeing & Birthday Blessings - Delia Baclagan |
| Sun 28 09.30 11.00 | ✠ FOURTH SUNDAY (B) Ruth Crichlow RIP Faithful Departed (Christmas Flowers) |
| Mon 29 09.30 | Alice Knott RIP Rosary |
| Tue 30 09.30 | Cancio Fernandes RIP Rosary |
| Wed 31 09.30 | Saint John Bosco Amelia Stafford RIP Rosary |
| Thu 01 09.30 | Wellbeing - Lakey & Solomon families Rosary |
| Fri 02 09.30 | The Presentation of the Lord. Julie Redgrave RIP Exposition |
| Sat 03 09.30 18:30 | Saint Laurence of Canterbury People of the Parish First Mass of Sunday Wellbeing - Bridie Horgan |
| Sun 04 09.30 11.00 | ✠ FIFTH SUNDAY (B) Johanna Watts RIP Roy Stephen George, Lea, Stephanie and Edward Blades and deceased members of the family RIP |

Prayer Requests

If you request for yourself or an immediate family member to be listed in the Parish Newsletter. Please send an email to: regisrubaya@rcaos.org.uk.

Please Pray for those who have died recently:

Pamela Hilton, Bernard Bensted, and Catherine.

Sharing the Word

First Reading - Moses is presented as the ideal prophet. Here he foretells the coming of a prophet who will speak God's word to the people. The prophet can never speak on his own authority but speaks on behalf of God.

The Jews believed that in the last days, God would raise up a prophet like Moses. The early Christians regarded Jesus as the awaited prophet. His teaching was given with authority and confirmed by miracles, the sign that God was with him.

Second Reading - Paul believed that his celibate state was better than the married state because it enabled him to give his undivided attention to the Lord. However, he did not glorify the celibate state and refused to make it mandatory.

Gospel - The two main components of Jesus' ministry were teaching and healing. He taught and he acted with divine power and authority. His teaching was different from that of the Scribes and Pharisees because he spoke with authority and it made a deep impression on the ordinary people.

World Day of Prayer

The World Day of Prayer service will be held this year at Perry Rise Baptist Church in Forest Hill at 11am on Friday 1 March. The service this year is prepared by Christian women in Palestine (before the present crisis there) and is being organised by Churches Together in Sydenham and Forest Hill.

Jubilee Year 2025

The Holy Father has proclaimed the year 2025 a Jubilee year."

Jubilee has always been an event of great spiritual ecclesial, and social significance in the life of the Church. Ever since 1300 when Boniface VIII instituted the first Holy Year - initially celebrated every hundred years, then, following its biblical precedent, every fifty year, and finally every twenty-five years. God's holy and faithful people has experienced this celebration as a special gift of grace, characterized by forgiveness of and in particular by the indulgence, which is full expression of God's mercy.

Last Sunday 21 January, Pope Francis announced the start of a Year of Prayer in preparation for the Jubilee year. In his Angelus address, the pope said that a Year of Prayer starting on January 21 will be "a year dedicated to rediscovering the great value and absolute need for prayer in one's personal life, in the life of the Church and in the world."

SPUC

The Society for the Protection of Unborn Children wishes to recruit a full-time Administration Assistant (35 hours p.m.). The position will be based at SPUC's Kennington office (SE 11) and the duties will include:

Responding to supporter enquiries by post, email and telephone. Packing and despatch of materials. Data entry and general support to SPUC's administration and finance departments with day-to-day tasks.

For a full job description and application form, please contact Lucille McQuade on 020 7091 7091 or lucillemacquade@spuc.org.uk. Closing date for applications is 9 February 2024.

Sick and Housebound

If your neighbour or anyone you know is unable to attend mass because they are in poor health, please let Fr Regis know and he will take them Holy Communion.

First Holy Communion Programme 2023-24

We meet in the hall on Sun 4th February at 10am for, Chapter 7: Bread to offer.

Confirmation Programme 2023-24

We meet in the parish house on Sat 3rd February at 5pm for, Session Six: The Church.

Eucharistic Ministers and Readers

The next Rota is now available in the church porch for those who have not received one via email.

Coffee Morning

Our next coffee morning in the parish house will be after 9.30am Mass on 4nd February. Do come in for a cuppa, biscuit and a chat.

Racial Justice Sunday

This weekend our second collection supports the Catholic Association for Racial Justice, who promote racial justice in our schools, parishes and in wider society.

CAFOD

The Church relies on people getting involved. Our parish, our community, our world needs you. Could your New Year's resolution be getting more involved in the life of our church? Which aspects of church brings you life or joy? Could you give a bit of time to help those parts flourish? CAFOD are looking for people to give some time and join them in their mission. Could you help in our parish, inspiring our church to help build a better world or by visiting our local schools? Or raise a voice and campaign for justice or perhaps speak for CAFOD throughout the area? Could you support local volunteers or share your admin or people skills to help CAFOD keep costs low? Training and support are provided. See cafod.org.uk/Volunteer for more information or get in touch with southwark@cafod.org.uk Or could you take part in The Big Lent Walk? cafod.org.uk/walk

Last Week

Offertory: Gift Aided: £206, Not Gift Aided: £269

Mass Count: Sat (49), Sun 09.30 (90), 11.00 (112)

Second Collection

Last week: **LEPRA Appeal (£283)**

This week: **Racial Justice Sunday (GiftAid)**

Next Week: **None**

Donate

Gift Aid: Tax payers, please sign up, so we can claim 25p for every £1 donated. Email Treasurer for details.

Card: Card Machine in Church Foyer or www.olspn.church

Standing Order: Email Treasurer for details.

Cheque: Payable to 'RCAS Sydenham'

Contact

David Simpson

Steven Pearce

Margaret Doherty

Treasurer: sydenhamtreasurer@rcaos.org.uk

Secretary: weekdays 9^{am}-12^{noon}

sydenham@rcaos.org.uk

Catholic Club: 07930 889632