

18th FEBRUARY 2024: FIRST SUNDAY OF LENT (B)

Mass book: p152

1st Reading: Genesis 9: 8-15

2nd Reading: 1 Peter 3: 18-22

Gospel: Mark 1: 12-15

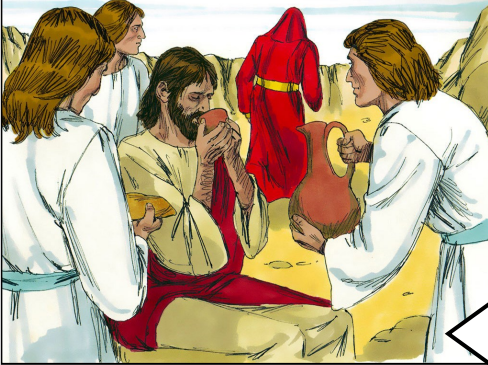
11am Mass
Hymns

Entrance: 934
Gloria: 489

Gospel Accl.ⁿ: 200
Communion: 972

Offertory: 872
Post-Communion: 979

Euch.^c Prayer: 490
Recessional: 315



Alive through the waters of baptism

We die to the world and live to God through the waters of baptism. We will still be tempted, as Christ was in the wilderness, but if we repent and believe in the Gospel we have nothing to fear. The Lord is faithful to those who keep their promises to him.

Jesus was tempted by Satan, and the angels looked after him.

The Holy Father's Prayer Intention - For the Terminally Ill

Let us pray that the sick who are in the final stages of life, and their families, receive the necessary medical and human care and accompaniment.

Mass Times, Intentions & Feast Days

Sat 17 18:30	First Mass of Sunday Boni Marie Sika RIP
Sun 18 09.30 11.00	✠ FIRST SUNDAY OF LENT (B) Anne & James Kiernan RIP Lucy Kwetha RIP
Mon 19 09.30	Blessings for 2023 - Belletty family Rosary 10.45 Funeral Mass - Bernard Bensted
Tue 20 09.30	Wellbeing - Ann O'Driscoll Rosary
Wed 21 09.30	Intention for Sheila Watson & family Rosary
Thu 22 09.30	The Chair of Saint † Peter the Apostle Wellbeing - Pat Lucas Rosary
Fri 23 09.30	Sr Agnes O'Shea RIP Exposition 19:00 Stations of the Cross
Sat 24 09.30 18:30	Vincent Pithouse RIP First Mass of Sunday Deceased Members of the Dean family
Sun 25 09.30 11.00	✠ SECOND SUNDAY OF LENT (B) Jim & Val Taylor RIP Wellbeing - Hughie Loughnane

Prayer Requests

If you request for yourself or an immediate family member to be listed in the Parish Newsletter. Please send an email to: regisrubaya@rcaos.org.uk.

Please Pray for those who have died recently:

Bernard Bensted, Catherine McSweeney, Mavis Kelly and Trevor Estellita

Sharing the Word

First Reading - This text tells of the covenant or treaty God established with Noah and his descendants after the flood. This covenant is made with the whole human race. The rainbow a reminder of God's fidelity. This covenant was served as a preparation of the covenant at Sinai.

Second Reading - The waters of the flood of Noah's time are a type of the waters of baptism, by which we are saved. The Christian is saved by passage through water- the waters of baptism. It is through our baptism that we enter into the new covenant relationship with God, and that Christ's victory over sin and death is communicated to us.

Gospel - Jesus spent forty days in the desert. He was reliving the history of his people, who spent forty years in the desert. Like the first Israel Jesus too was tested in the desert.

Do you want to fast this Lent?

In the words of Pope Francis:

Fast from **hurting words** and say **kind words**.
Fast from **sadness** and be filled with **gratitude**.
Fast from **anger** and be filled with **patience**.

Fast from **pessimism** and be filled with **hope**.
Fast from **worries** and have **trust** with God.
Fast from **complaints**, contemplate **simplicity**.
Fast from **pressures** and be **prayerful**.
Fast from **bitterness**, fill your heart with **joy**.
Fast from **selfishness** and be **compassionate**.
Fast from **grudges** and be **reconciled**.
Fast from **words** be **silent** and **listen**.

World Day of Prayer

The World Day of Prayer service will be held this year at Perry Rise Baptist Church in Forest Hill at 11am on Friday 1 March. The service this year is prepared by Christian women in Palestine (before the present crisis there) and is being organised by Churches Together in Sydenham and Forest Hill.

Sick and Housebound

If your neighbour or anyone you know is unable to attend mass because they are in poor health, please let Fr Regis know and he will take them Holy Communion.

First Holy Communion Programme 2023-24

We next meet in the hall on Sun 25th February at 10am for, Chapter 8: Fruit of the vine.

Confirmation Programme 2023-24

We next meet in the parish house on Sat 24th February at 5pm for, Session Seven: The Sacraments.

Mass in Celebration of the Sacrament of Marriage July 13th, at St George's Cathedral

If you are celebrating your 1st/ 10th/ 25th/ 40th/ 50th/ 60th wedding anniversary this year, please let us know as soon as possible, and no later than May 31, providing the following details: your names in the format John and Mary Smith, your home address, the anniversary you are celebrating, so you can receive an invitation from the Archbishop for the renewal of vows during Mass. Spaces are limited. Email us at mfise@rcaos.org.uk. As the title of your email, please write your parish location e.g. Sydenham.

Clergy Support Fund - Second Collection (this week)



The clergy in our Archdiocese have given us so much. They have been there for us in our happiest moments and comforted us when we have lost loved ones. Supporting priests in their retirement is one way to show your appreciation for all they have one for parishes.

You make supporting our clergy in retirement possible, find out how to donate to the Clergy Support Fund at www.rcaos.org.uk/donate/CSF, scan the QR code, or donate in this weekend's second collection.

You can also donate via telephone office hours Mon-Fri 020 7960 2504 or by using the Clergy Support Fund envelopes available today at the back of Church. Please continue to keep our Priests in your prayers.

CAFOD Lent Fast Day - Second Collection (next week)



This Lent, your donations to CAFOD's Family Fast Day appeal will help hardworking people like James the fisherman in Liberia with resources, tools and training to feed their families for good. Attached to this

newsletter is an envelope which will be collected at next week's Masses. You can also donate online at cafod.org.uk and please join us in praying with James that our sisters and brothers around the world have what they need to feed their families.

Mother's Day - Save the Date Sunday 10th March

Celebrate mothers and the women in your lives, on style, on Mother's Day.

We are inviting all women in the parish to join us after the 11am Mass, in the hall, to launch the Catholic Women Praying Together group. We invite those who are serving within the parish and those who have served in the past. Those who are young and those who are young at heart. There will be a reception and guest speaker Aunty Joanna.

Last Week

Offertory: Gift Aided: £164, Not Gift Aided: £262

Mass Count: Sat (56), Sun 09.30 (105), 11.00 (78)

Second Collection

Last week: **SPUC White Flower Appeal (£292)**

This week: **Sick & Retired Priests - Clergy Support Fund (Gift-Aid)**

Next Week: **CAFOD Lent Fast Day (Gift Aid)**

Donate

Gift Aid: Tax payers, please sign up, so we can claim 25p for every £1 donated. Email Treasurer for details.

Card: Card Machine in Church Foyer or www.olspn.church

Standing Order: Email Treasurer for details.

Cheque: Payable to 'RCAS Sydenham'

Contact

David Simpson

Steven Pearce

Treasurer: sydenhamtreasurer@rcaos.org.uk

Secretary: weekdays 9^{am}-12^{noon}

sydenham@rcaos.org.uk

Margaret Doherty

Catholic Club: 07930 889632