

14th September 2025: © The Exaltation Of The Holy Cross

Mass book: P 191

Preface: I, P 70

Eucharistic Prayer: III, P27

9.30am Entrance: L321, Offertory: L600, Post-Communion: L756, Recessional: L749 .

11.0am Gathering:341, Entrance:830, Kyrie:, Gloria: 489, Gospel Acc:710, Offertory:217/603, Memorial Accl:761ⁿ Save us Saviour, Rite of Peace: Peace is flowing, Communion:662, The power of the cross, Post communion: 662, FINA:719.

Mass Times, Intentions & Feast Days

SAT 13th-Saint John Chrysostorn, Bishop and Doctor

9.30 Mass:

18:30 First Mass of Sunday: The exaltation Of The Holly Cross

SUN 14th:The exaltation Of The Holly Cross

09.30 Mass: Sylvia & Rueben - Birthday Blessing

11.00 Mass:

15.00 Thanksgiving Mass: Peter Ampofo

MON 15th - Our Lady of Sorrows, Memorial

09.30 Mass:

10.00 Rosary

TUES 16th - Saint Cornelius, Pope and Cyprian, Bishop, Martyrs

09.30 Mass: Josephine & Albert Lowell RIP

10:00 Rosary

WED 17th -

09.30 Mass: Special Intention

10:00 Rosary

THURS 18th -

09.30 Mass: Isobel Cairns RIP

10:00 Rosary

Fri 12th-

09.30 Mass: Maity Lowell-Well Being

10:00

SAT 20th - Saint Andrews Kim Tae-gon, Priest and Paul Chong, Ha-sang, and Companions, Martyrs, Memorial.

9.30 Mass:

18:30 Mass: First Mass of Sunday 25th in Ordinary Time
Deceased Members of the Ingram family.

If you request for yourself or an immediate family member to be listed in the Parish Newsletter. Please send an email to: gregoryackron@rcaos.org.uk.

Please Pray for the wellbeing of:

Ann Baker, Henry & Philomena Hutcheon, Nkechi Roberts, Margaret Doherty, Kathleen Edkins, Germani Vemalaragni, Steven Pearce, Carol Bonehill, Kamila Silke, Fr Luke Marappillil. Elizabeth De Masi, Matilda Ogutu, Tony Rawsthorne.

Please Pray for those who have died recently:

Francis Ighodard Okoh, Margaret Healy, Thomasina French, Rose Green, Margaret Fokuo-Boampong, Elaine Duncan, Patrick Watts, Beth Neavyn, Adam Taylor, Ben Ntiamoah, Fr Michael Kouadjo (Pauline's brother), James (Jim) Darmody, Ann Manly-Rollings, Giorgina Mabea, Albert James McElroy, Etelvina Rodrigues.

Sick & Housebound

If your neighbour or anyone you know is unable to attend mass because they are in poor health, please let Fr Gregory know and he will take them Holy Communion.

Catholic Women Praying Together (CWPT)

Join **CWPT Group** at **Our Lady & St. Philip Neri Church** every 4th Sunday of the Month, after 11 am Mass. See you all there.

Dates are as follows:

September 28th October 26th November 23rd
December (No meeting)

Catholic Institute Training and Workshops

Every parishioner, as well as teachers and parents in our school, has free and unlimited access to the workshops created by the world-renowned Catechetical Institute. From Scripture to parenting workshops, to catechetical training and mentoring, there is something for everyone. For information on how to register your free account visit: <https://aec.rcaos.org.uk/franciscan>

Sydenham Catholic Social Club

Just nearby in Watlington Grove - 2 minutes walk.
Available for hire at weekends, during the week for celebrations, funerals, any special occasions or business use. Call Mags on 07930 8899632

The Club opens for drinks and socialising with friends at weekends. Come and join us on Fridays at 7-11pm, Saturdays 4pm to 12.00am (live music) and Sundays 12.00 noon - 11pm

Our Lady And St. Philip Neri Nursery is starting in September 2025. Places are available for:

Full Time Hours 8:45am - 3:30pm

Part Time Mornings 8:45am - 11:45pm

Part Time Afternoons 12:30pm - 3:30pm

Check to see if you are eligible at www.gov.uk/30-hours-free-childcare

To visit the school, please contact the school office on **02087784386** or send an email to **Admin@olspn.co.uk**

Lourdes Pilgrimage 2025, 21st -25th October Cost £399 Adult; £199 Children under 16's.

A Pilgrimage trip with a number of places left. Cost include return flight from Stansted half board accommodation, transport from/to Lourdes. £70 single supplement. Children under 16 go for £199. For more details contact Fr. Stephen Boyle, Dartford@rcaos.org.uk, Tel: 01322220075. Fr. Henry Mukasa will also be leading the pilgrimage.

Day of Retreat for Lectors & Extraordinary Ministers of the Eucharist in Archdiocese of Southwark

To be held Saturday 18 October in St Stephen's Church, Welling and 25th October at Bishop Grant School in Streatham

Deadline for registration Mon 29 Sept at: evsouth@rcaos.org.uk. Notice in church porch

OLSPN CHURCH FAIR AND FUN DAY

Date: 20th. September, 2025. Come one, come all. The Parish Raffle will be drawn with a first prize of £500! Plus lots of other prizes. **Items needed for the Annual Fair:**

Bottles, (full ones please) : champagne to Ketchup! Plus other items:

Unwanted gifts, Toys & Games, Jewellery Bric-a-brac, Perfumes , Household Items etc
PLEASE LEAVE ALL DONATIONS IN THE BOXES PLACED AT THE ENTRANCE TO THE CHURCH.

RAFFLE TICKETS - VERY URGENT
IF YOU HAVE NOT RETURNED YOUR COUNTERFOILS AND MONEY ALREADY - PLEASE DO SO NOW!!
Thank you for your support

Offertory: Gift Aided: £154, Not Gift Aided: £359
Second Collection: £59.00 Gift Aided
Second Collection: £213.00 Not Gift Aided
Standing Orders Gift Aid Av week £450

Mass Count: Sat 6.30: 48
Sun 09.30: 85, 11.00: 90

Second Collection

Last week: Support Catholic Education Gift Aided

This week:

Next week: None

Donate

Gift Aid: Tax payers, please sign up, using the white envelopes at the back of the church, so we can claim 25p for every £1 donated.

Card: Card Machine in Church Foyer or www.olspn.church

Standing Order: Email Treasurer for details.

Cheque: Payable to 'RCAS Sydenham'

Contact

David Simpson

Treasurer:

sydenhamtreasurer@rcaos.org.uk

Steven Pearce

Secretary: Mon (9^{am}-3^{pm}), Wed, Thur, Fri (9^{am}-12^{noon}) sydenham@rcaos.org.uk

Margaret Doherty Catholic Club: 07930 88 9632

ENTRANCE ANTIPHON

We should glory in the Cross of our Lord Jesus Christ, in whom is our salvation, life and resurrection, through whom we are saved and delivered.

COLLECT

O God, who willed that your Only Begotten Son should undergo the Cross to save the human race, grant, we pray, that we, who have known his mystery on earth, may merit the grace of his redemption in heaven. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen

FIRST READING – Numbers 21:4b-9

In those days: The people became impatient on the way. And the people spoke against God and against Moses, 'Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food.' Then the LORD sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the people came to Moses and said, 'We have sinned, for we have spoken against the LORD and against you. Pray to the LORD, that he take away the serpents from us.' So Moses prayed for the people. And the LORD said to Moses, 'Make a fiery serpent and set it on a pole, and everyone who is bitten, when he sees it, shall live.' So Moses made a bronze serpent and set it on a pole. And if a serpent bit anyone, he would look at the bronze serpent and live.

The word of the Lord.

Thanks be to God

RESPONSORIAL PSALM – Psalm 77

R. Never forget the deeds of the Lord!

1. Give ear, my people, to my teaching;
incline your ear to the words of my mouth.
I will open my mouth in a parable
and utter hidden lessons of the past.
2. When he slew them, then they sought him,
repented and earnestly sought God.
They would remember that God was their rock,
God the Most High their redeemer.
3. Yet they deceived him with their mouths;
they lied to him with their tongues.
For their hearts were not steadfast towards him;
they were not faithful to his covenant. .
4. Yet he who is full of compassion
forgave them their sin and spared them.
So often he held back his anger,
and did not stir up all his rage. .

R.

R.

R.

R.

SECOND READING – Philippians 2:6-11

Christ Jesus, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

The word of the Lord.

Thanks be to God

ACCLAMATION BEFORE THE GOSPEL

Alleluia, alleluia. We adore you, O Christ, and we bless you, because by your Cross you have redeemed the world. Alleluia.

GOSPEL – John 3:13-17

At that time: Jesus said to Nicodemus, 'No one has ascended into heaven except he who descended from heaven, the Son of Man. And as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life. For God so loved the world, that he gave his only begotten Son, that whoever believes in him should not perish but have eternal life. For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him.'

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

May this oblation, O Lord, which on the altar of the Cross cancelled the offence of the whole world, cleanse us, we pray, of all our sins. Through Christ our Lord. .

Amen

COMMUNION ANTIPHON

When I am lifted up from the earth, I will draw everyone to myself, says the Lord.

PRAYER AFTER COMMUNION

Having been nourished by your holy banquet, we beseech you, Lord Jesus Christ, to bring those you have redeemed by the wood of your life-giving Cross to the glory of the resurrection. Who live and reign for ever and ever.

Amen