

22nd FEBRUARY 2026: FIRST SUNDAY OF LENT (A)

Mass book: p151

Preface: The Temptation of the Lord p71

Eucharistic Prayer: II p24

9.30am	Hymns are on the back of this Newsletter.		
11am	Gathering: 206 Gloria: Glendalough Sanctus: Holy, Holy, Holy (Glendalough) Post-Communion: 662	Entrance: 934 Gospel Accl.: 820 Memorial Accl.: We proclaim your death O Lord Final: 315	Kyrie: Kyrie Eleison (Glendalough) Offertory: 609, Hymn Sheet Communion: 204

The Holy Father's Prayer Intention - For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Mass Times, Intentions & Feast Days	Prayer Requests
Sat 21 18:30 <i>First Mass of Sunday</i> Deceased member of the Dean family	<p>If you request for yourself or an immediate family member to be listed in the Parish Newsletter. Please send an email to: gregoryackron@rcaos.org.uk.</p> <p>Please Pray for the wellbeing of: Geoff Brady, Margaret Ann Baker, Henry & Philomena Hutcheon, Nkechi Roberts, Kathleen Edkins, Germani Vemalaragni, Steven Pearce, Carol Bonehill, Kamila Silke, Elizabeth De Masi, Matilda Ogutu, Irene Clark, Denise Sullivan, Bridget Carberry, Pat Travers.</p> <p>Please Pray for those who have died recently: Margaret Healy, Ann Manly-Rollings, Giorgina Mabea, Albert James McElroy, Etelvina Rodrigues, Ann Maria Jalees, Sam Lowell, Tony Rawsthorne, Adam Taylor, Iris Scott, Heather Browne, Sally Kennedy, John McSweeney, John Kennedy (Esther Bell's brother).</p> <p style="text-align: center;"><u>Sick & Housebound</u></p> <p>If your neighbour or anyone you know is unable to attend Mass because of poor health, please inform Fr Gregory and he will take them Holy Communion.</p> <p style="text-align: center;">STATIONS OF THE CROSS</p> <p>During Lent there will be Stations of the Cross every Friday at 7.00pm.</p> <p style="text-align: center;">SACRAMENT OF RECONCILIATION</p> <p>During Lent there will be confessions before and after all Masses, except on Sunday.</p> <p style="text-align: center;">WALK WITH ME LENT 2026</p> <p>These booklets are now on sale from the CTS stand</p>
Sun 22 ✘ FIRST SUNDAY OF LENT (A) 09.30 Samuel Lowell RIP 11.00 Jemma Barrack - Wellbeing	
Mon 23 09.30 Catherine McWalter RIP Rosary	
Tue 24 09.30 Henry & Ann Mitchell RIP Rosary	
Wed 25 09.30 John Kennedy RIP (Esther Bell's brother) Rosary	
Thu 26 09.30 Connoly & Lee Families RIP Rosary	
Fri 27 09.30 Frank Mealey RIP Exposition 19:00 Stations of the Cross	
Sat 28 09.30 Jane Flannery RIP 18:30 <i>First Mass of Sunday</i> Chichi Maduaka - Birthday Blessings	
Sun 01 ✘ SECOND SUNDAY OF LENT (A) 09.30 Pierre Marie N'Doman - Birthday Blessings 11.00 Rita Nwigwe	

Catholic Women Praying Together (CWPT)

Join CWPT Group at Our Lady & St. Philip Neri Church every 4th Sunday of the Month, after 11am Mass. See you all there.

Sydenham Catholic Social Club

Just nearby in Watlington Grove - 2 minutes walk. Available for hire at weekends, during the week for celebrations, funerals, any special occasions or business use.

Call Mags on 07930 889632

The Club opens for drinks and socialising with friends at weekends. Come and join us on Fridays at 7-11pm, Saturdays 4pm to 12.00am (live music) and Sundays 12.00 noon - 11pm.

New Parish Secretary

The Parish of Our Lady & St. Philip Neri is looking to recruit a part time Parish Secretary to assist in the administration of the parish community. The role is to provide comprehensive support to the Parish Priest in all administration matters within the Parish and will cover general correspondence, record keeping, financial and management work, coordination of parish activities and liaison with clergy, volunteers, external contacts, and the Diocesan Offices. Previous secretarial/administrative experience is essential.

This roll will require good knowledge of Microsoft Office (Word, Excel, Publisher and Outlook), IT and office equipment, excellent telephone skills, and a good understanding of the workings of a Catholic Parish.

Training will be available for diocesan systems. Hours of work are negotiable. If you would like to apply for this position, please email a brief CV to gregoryackron@rcaos.org.uk

Please only apply for this job if you have current permission to work in the UK.

Gift Aiders

When you use Gift Aid envelopes for first, special and second collections, you must write your Gift Aid number on the envelope. There is a supply of envelopes at the back of the church.

If you have forgotten your number, please email the treasurer on sydenhamtreasurer@rcaos.org.uk

If you are a Tax Payer BUT NOT a Gift Aider

It is very easy to become one. Just complete one of the envelopes at the back of the church and post through the church house letter box. This a way of helping the church at no extra cost to yourself. The church claims

from the Government an extra 25p for every £1 you donate.

SDC Bible Study Meetings

Join us for our weekly SDC Bible group meetings on Fridays at 7.30 p.m. These are hybrid meetings so some join online on ZOOM while others meet in person at the SDC House at 38 Ryefield Road, Upper Norwood SE19 3QU. Meetings include reflections, readings and prayer. The main focus this year will be on the theme of the BIBLE TIMELINE.

To join us online go to the Zoom website at pwa.zoom.us/jc and enter the Zoom ID: 4454292726.

All are welcome.

For more information email us at sdcm meetings@gmail.com

CAFOD Family Fast Day Collection



This Lent, live out the Gospel call to love your neighbour. By fasting and giving what you save, you join in Christ's compassion and help another family put food on the table. Your donation can help families around the

world grow food in difficult conditions – such as on flood-resistant floating gardens or using solar-powered water pumps in times of drought. Collect a CAFOD envelope to bless others with your support, donate online at <https://cafod.org.uk/fundraise/parishes/virtual-envelope>

or call 0303 303 3030. Text CAFODLENT to 70085 to donate £10.

Last Week

Offertory:	Gift Aided: £159	Not Gift Aided: £224
Mass Count:	Sat (57)	Sun 09.30 (86) 11.00 (74)

Second Collection

Last week:	Clergy Support Fund (£431)
This week:	None
Next Week:	CAFOD Lent Fast Day

Donate

Gift Aid: Tax payers, please sign up, using the white envelopes at the back of the church, so we can claim 25p for every £1 donated.

Card: Card Machine in Church Foyer or www.olspn.church

Standing Order: Email Treasurer for details.

Cheque: Payable to 'RCAS Sydenham'

Contact

David Simpson	Treasurer: sydenhamtreasurer@rcaos.org.uk
Steven Pearce	Secretary: Working from Home sydenham@rcaos.org.uk
Margaret Doherty	Catholic Club: 07930 889632

ENTRANCE ANTIPHON

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

COLLECT

Grant, almighty God, through the yearly observances of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen

FIRST READING – Genesis 2:7-9; 3:1-7

The LORD God formed the man of dust from the ground and breathed into his nostrils the breath of life, and the man became a living creature. And the LORD God planted a garden in Eden, in the east, and there he put the man whom he had formed. And out of the ground the LORD God made to spring up every tree that is pleasant to the sight and good for food. The tree of life was in the midst of the garden, and the tree of the knowledge of good and evil.

Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, 'Did God actually say, "You shall not eat of any tree in the garden"?' And the woman said to the serpent, 'We may eat of the fruit of the trees in the garden, but God said, "You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die."' But the serpent said to the woman, 'You will not surely die. For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil.' So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

The word of the Lord.

Thanks be to God

RESPONSORIAL PSALM – Psalm 50

R. Have mercy on us, O Lord, for we have sinned.

1. Have mercy on me, O God,
according to your merciful love;
according to your great compassion,
blot out my transgressions.
Wash me completely from my iniquity,
and cleanse me from my sin.
2. My transgressions, truly I know them;
my sin is always before me.
Against you, you alone, have I sinned;
what is evil in your sight I have done .
3. Create a pure heart for me, O God;
renew a steadfast spirit within me.
Do not cast me away from your presence;
take not your holy spirit from me .
4. Restore in me the joy of your salvation;
sustain in me a willing spirit.
O Lord, open my lips
and my mouth shall proclaim your praise .

SECOND READING – Romans 5:12-19

Brothers and Sisters: Just as sin came into the world through one man, and death through sin, and so death spread to all men because all sinned – for sin indeed was in the world before the law was given, but sin is not counted where there is no law. Yet death reigned from Adam to Moses, even over those whose

sinning was not like the transgression of Adam, who was a type of the one who was to come.

But the free gift is not like the trespass. For if many died through one man's trespass, much more have the grace of God and the free gift by the grace of that one man, Jesus Christ, abounded for many. And the free gift is not like the result of that one man's sin. For the judgement following one trespass brought condemnation, but the free gift following many trespasses brought justification. For if, because of one man's trespass, death reigned through that one man; much more will those who receive the abundance of grace and the free gift of righteousness reign in life through the one man Jesus Christ. Therefore, as one trespass led to condemnation for all men, so one act of righteousness leads to justification and life for all men. For as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

The word of the Lord.

Thanks be to God

ACCLAMATION BEFORE THE GOSPEL

Glory and praise to you, O Christ. One does not live by bread alone, but by every word that comes forth from the mouth of God. Glory and praise to you, O Christ.

GOSPEL – Matthew 4:1-11

At that time: Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry.

And the tempter came and said to him, 'If you are the Son of God, command these stones to become loaves of bread.' But he answered, 'It is written, "Man shall not live by bread alone, but by every word that comes from the mouth of God."'

Then the devil took him to the holy city and set him on the pinnacle of the Temple and said to him, 'If you are the Son of God, throw yourself down, for it is written, "He will command his angels concerning you", and "On their hands they will bear you up, lest you strike your foot against a stone."' Jesus said to him, 'Again it is written, "You shall not put the Lord your God to the test."'

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their glory. And he said to him, 'All these I will give you, if you will fall down and worship me.' Then Jesus said to him, 'Be gone, Satan! For it is written, "You shall worship the Lord your God and him only shall you serve."' Then the devil left him, and behold, angels came and were ministering to him.

The Gospel of the Lord

Praise to you, Lord Jesus Christ.

R. PRAYER OVER THE OFFERINGS

Give us the right dispositions, O Lord, we pray, to make these offerings, for with them we celebrate the beginning of this venerable and sacred time. Through Christ our Lord.

R. Amen

COMMUNION ANTIPHON

One does not live by bread alone, but by every word that comes forth from the mouth of God.

R.

PRAYER AFTER COMMUNION

Renewed now with heavenly bread, by which faith is nourished, hope increased, and charity strengthened, we pray, O Lord, that we may learn to hunger for Christ, the true and living Bread, and strive to live by every word which proceeds from your mouth.

Through Christ our Lord .

Amen